		Wheat	Rye	Oats	Barley	Nuts Pistachio	Nuts Pecan	Nuts Macadamia	Nuts	Hazelnuts	Cashew Nuts	Brazil Nuts	Almonds	Nuts	Sulphur Dioxide and Sulphaites	Soya	Sesame	Peanuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Cereals containing gluten	Celery
Pizza		■																								■	
Tortilla Boats		■																								■	
Yoghurt																					■					
Apple Cake		■																			■			■			
Meatballs															■	■										■	
Lasagne		■														■					■					■	
Flapjacks				■																							
Battered Fish																							■			■	
Veggie Finger																							■			■	
Oat Cookie				■																						■	
Pasta																								■			
Omelette																											
Apple Crumble				■																							
Curry																					■					■	
Strawberry Crispie																					■						
Cottage Pie																					■					■	
Shortbread																					■					■	
Fish Fingers																							■	■		■	
Quorn Burger																					■			■		■	
Dairy Free Cake		■																								■	
Cheese Wheel		■																	■		■						
Macroni Cheese		■																			■						
Banana Loaf		■																			■			■			
Chicken Chow Mein																■								■		■	
Yorkshire Pudding		■													■						■			■			
Quorn Roast																					■			■			
Sausages															■	■										■	
Vegetable Sausages																										■	
Salmon Battered Fish																							■			■	
Quorn Dippers																					■			■		■	
Contains	■																										