

Winter 19 - 20 Menu

Shute Community Primary School
Axe Beacon Federation

Child's Name:.....

Meat Free	Around the World	Roast Dinner	School Favourites	Fishy Friday
Week 1 Commencing: 2nd September, 23rd September, 14th October, 11 November, 2nd December, 6th January, 27 January				
Cheese and Tomato Pizza or Quorn Vegetable Tortilla Boats Wedges Baked Beans ~ Apple Cake, Fruit Salad or Yogurt ~ Fresh Salad Bread	Meatballs in Tomato Sauce or Quorn Meatballs in Tomato Sauce Rice Sweetcorn ~ Melon Medley, Fruit Salad or Yogurt ~ Fresh Salad Bread	Roast Chicken or Cauliflower and Broccoli Cheese Roast Potatoes Green Beans ~ Fruit Salad or Yogurt ~ Fresh Salad Bread	Homemade Lasagne or Vegetable Lasagne Peas ~ Flapjack, Fruit Salad or Yogurt ~ Fresh Salad Bread	Battered Fish or Veggie Finger Chips Sweetcorn ~ Oat Cookie, Fruit Salad or Yoghurt ~ Fresh Salad Bread
Week 2 Commencing: 9th September, 30th September, 28th October, 18th November, 9th December, 13th January, 3rd February				
Pasta with Super Veg Sauce or Spanish Omelette Sweetcorn ~ Apple Crumble and custard Fruit Salad or Yoghurt ~ Fresh Salad Bread	Chicken and Chickpea Curry or Potato and Chickpea Curry Rice ~ Strawberry Crispie, Fruit Salad or Yoghurt ~ Fresh Salad Bread	Roast Pork or Lentil Loaf Roast Potatoes Broccoli and Carrots ~ Fruit Salad or Yoghurt ~ Fresh Salad Bread	Cottage Pie or Quorn Cottage Pie With Super Mash Topping Green Beans ~ Shortbread, Fruit Salad or Yoghurt ~ Fresh Salad Bread	Fish Fingers or Quorn Burger Chips Baked Beans ~ Dairy Free Chocolate Orange Iced Cake, Fruit Salad or Yoghurt ~ Fresh Salad Bread
Week 3 Commencing: 16th September, 7th October, 4th November, 25th November, 16th December, 20th January, 10th February				
Cheese Wheel or Macaroni Cheese Peas ~ Banana Loaf, Fruit Salad or Yoghurt ~ Fresh Salad Bread	Chicken Chow Mein or Vegetable Chow Mein ~ Fruit Jelly, Fruit Salad or Yoghurt ~ Fresh Salad Bread	Roast Beef or Quorn Roast Roast Potatoes Carrots and Broccoli ~ Fruit Salad or Yoghurt ~ Fresh Salad Bread	Sausages or Vegetable Sausages Super Mash Baked Beans ~ Chocolate Cracknel, Fruit Salad or Yoghurt ~ Fresh Salad Bread	Salmon Battered Fish or Quorn Dippers Chips Peas ~ Chocolate Swirl Cake, Fruit Salad or Yoghurt ~ Fresh Salad Bread

Jacket Potato Cheese, Beans or Tuna are daily except Wednesday